Gibbs' Reflective Cycle

Work in groups of four. Choose one shared experience, such as a teamwork project, a class challenge, or a school event, and complete all six stages. Then turn the completed table into a mini-poster and present it to the others.

Stage	Question	What we found out
Description	What happened?	
Feelings	How did the group members feel?	
Evaluation	What went well? What didn't?	
Analysis	Why did things happen that way?	
Conclusion	What could we have done differently?	
Action plan	What will we do better next time?	

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